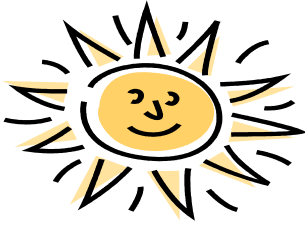


West Hants, Wilts and Dorset IA



The Ileostomy And Internal Pouch Support Group
Registered Charity no. 1172338
Secretary: Mrs J Pipe, 78 Danecourt Rd, Poole, Dorset, BH14 0PH
Tel: 01202 740440 Email: whwd@iasupport.org



JUNE 2020 Newsletter

Dear ALL, we hope you are all keeping safe and well. As we are still in Lockdown at the time of this Newsletter going to print, all the events and meetings we had already planned for JUNE, JULY & AUGUST are CANCELLED at the moment. Hopefully normality will resume from SEPTEMBER. Should we come out of Lockdown before September, you may want to refer to the back of the last Newsletter: MARCH 2020 in case any of the meetings resume earlier. If in doubt and you'd like to check before you attend, here are the contact details for each meeting group:

CUPID in CHRISTCHURCH & POOLE pop-in sessions,

Beryl Andrews (co-ordinator Christchurch) Tel: 01202 483303 for meetings in June & August

Jenny Pipe (co-ordinator Poole) Tel: 01202 740440 for Meeting in July

CUPID WEST DORSET

Colin Clare Tel: 01305 853238 or Email: ostomywestdorset@gmail.com

WESSEX STOMA SUPPORT GROUP

Karen Berryman, Secretary Tel: 07799 863766 or Email: info@wessex-stoma.co.uk

Or Website: wessex-stoma.co.uk



If you get
DEHYDRATED
DRINK ME !!

Keep Hydrated
Here's a very simple
Rehydration drink
The Oxford Solution
Put 200ml of
SQUASH
concentrate (NOT low
or zero sugar) into a
Litre sized bottle,
add 1 level 5ml spoon
of salt & fill the
bottle up with water

NOTE FOR YOUR DIARY

All being well with the
world, we are hoping to
plan a get-together for
WORLD OSTOMY DAY
which is on
Saturday 3rd October
2020

More details will be
included in our next
Newsletter.

YOUR

COMMITTEE

Chairman

Derek Hayward
07979 512587

Vice Chairman

Colin Clare

Secretary

Jenny Pipe
01202 740440

Treasurer

Janet Greenfield

Newsletter

Caroline Morris

Members

Linda Holley



Ileostomy & Internal Pouch
Association

Freephone: 0800 0184 724 | Email: info@iasupport.org | Website: www.iasupport.org
President: Professor Neil Mortensen MBChB MD MA FRCS Eng FRCS Glas FRCS Edin

Registered Charity: 1172338 (England and Wales) and SC048658 (Scotland)